

# “How to Live a Joy-filled Life”

Rejoice in the Lord always; again I will say, rejoice. Philippians 4:4

Rejoice always! 1 Thessalonians 5:16

The joy of the Lord is your strength. Nehemiah 8:10

*“The **JOY OF THE LORD** - is the gladness of your heart that comes from knowing God, abiding in Christ, and being filled with the Holy Spirit.”*

**The joy of knowing . . .**

## **Here’s Why You Want This Joy in Your Life!**

In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ.

Though you have not seen him, you love him. Though you do not now see him, you believe in him and rejoice with joy that is inexpressible and filled with glory, obtaining the outcome of your faith, the salvation of your souls. 1 Peter 1:6-9

I will turn their mourning into joy; I will comfort them, and give them gladness for sorrow. Jeremiah 31:13

## **How Does Joy Become PART of Me?**

As the Father has loved me, so have I loved you. Abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. These things I have spoken to you, that my joy may be in you, and that your joy may be full. John 15:9-11

- This kind of joy is found in one place: Living in a relationship with God as the focus of life.
- It’s not something you just “pull out” when you’re in trouble!
- Is the Joy of the Lord present in you?